

Comparison of John Kynaston's races on the whw route 2007-2010

Milngavie	Miles		Fling 2007		whw 2007		Fling 2008		whw 2008		Fling 2009		whw 2009		devils 2009		Fling 2010	
	leg	Overall	Leg Time	Overall Time	Leg Time	Overall Time	Leg Time	Overall Time	Leg Time	Overall Time	Leg Time	Overall Time	Leg Time	Overall Time	Leg Time	Overall Time	Leg Time	Overall Time
	Drymen	12.11	12.11	1:50:00 2:00	1:50:00 1:52:00	1:59:00 2:00	1:59:00 2:01:00	1:43:25 0:00	1:43:25 1:43:25	1:57:15 3:14	1:57:15 2:00:29	1:46:57 0:00	1:46:57 1:46:57	1:57:28 0:00	1:57:28 1:57:28			1:44:57 0:00
Balmaha	6.84	18.95	1:17:00 5:00	3:09:00 3:14:00	1:29:00 3:00	3:30:00 3:33:00	1:19:57 1:57	3:03:22 3:05:19	1:19:53 2:16	3:20:22 3:22:38	1:10:12 2:27	2:57:09 2:59:36	1:19:13 1:43	3:16:41 3:18:24			1:11:48 0:21	2:56:45 2:57:06
Rowardennan	7.83	26.78	1:25:00 6:00	4:39:00 4:45:00	1:29:00 4:00	5:02:00 5:06:00	1:22:47 5:02	4:28:06 4:33:08	1:29:30 5:42	4:52:08 4:57:50	1:20:28 1:57	4:20:04 4:22:01	1:28:21 4:50	4:46:45 4:51:35			1:24:46 0:32	4:21:52 4:22:24
Inversnaid	7.26	34.04	1:22:00 5:00	6:07:00 6:12:00	1:27:00 1:00	6:33:00 6:34:00	1:11:48 0:37	5:44:56 5:45:33	1:19:10 1:44	6:17:00 6:18:44	1:17:13 1:29	5:39:14 5:40:43	1:19:15 2:49	6:10:50 6:13:39			1:23:40 0:41	5:46:04 5:46:45
Beinglas Farm	6.63	40.67	1:40:00 4:00	7:52:00 7:56:00	1:41:00 4:00	8:15:00 8:19:00	1:31:32 5:38	7:17:05 7:22:43	1:30:36 5:17	7:49:20 7:54:37	1:30:54 1:49	7:11:37 7:13:26	1:27:56 3:01	7:41:35 7:44:36			1:41:25 0:57	7:28:10 7:29:07
Auchtertyre	9.60	50.27			2:17:00 2:00	10:36:00 10:38:00			1:53:43 5:36	9:48:20 9:53:56			2:03:06 5:34	9:47:42 9:53:16				
Tyndrum	2.65	52.92	2:40:00	10:36:00			2:22:02	9:44:45			2:35:43	9:49:09			start		2:45:05	10:14:12
Bridge of Orchy	6.56	59.48			1:55:00 1:00	12:33:00 12:34:00			1:46:58 4:36	11:40:54 11:45:30			1:43:17 4:30	11:36:33 11:41:03	54:41 0:00	54:41 54:41		
Kingshouse	12.04	71.52			2:46:00 2:00	15:20:00 15:22:00			2:33:02 5:29	14:18:32 14:24:01			2:30:51 5:35	14:11:54 14:17:29	1:44:50 0:00	2:39:31 2:39:31		
Kinlochleven	9.06	80.58			2:56:00 1:00	18:18:00 18:19:00			2:13:17 4:20	16:37:18 16:41:38			2:17:09 6:16	16:34:38 16:40:54	1:35:38 0:00	4:15:09 4:15:09		
Lundavra	7.50	88.08			2:22:00 0:00	20:41:00 20:41:00			1:53:20 0:00	18:34:58 18:34:58			1:47:20 0:00	18:28:14 18:28:14	1:30:29 0:00	5:45:38 5:45:38		
Fort William	6.92	95.00			2:04:19	22:45:19			1:24:35	19:59:33			1:23:45	19:51:59	1:09:57	6:55:35		